Short-Term Rehabilitation

Helping people return
to an active lifestyle.

Lutheran
SeniorLife

St. John Specialty
Care Center

www.lutheranseniorlife.org

Live

...to Love...

to Laugh...to Grow.

Live life to the fullest.

Our new

rehabilitation unit

at

ST. JOHN SPECIALTY

CARE CENTER

can help you

successfully return home.

Lutheran SeniorLife
St. John Specialty Care Center

Helping people return to an active lifestyle…

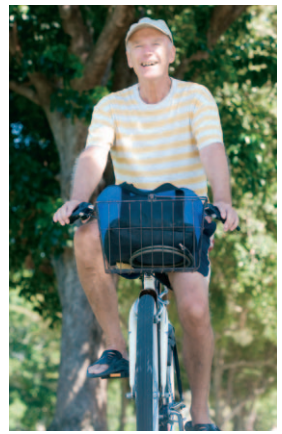
Long recognized for its excellence in medical care, St. John recently has developed a specialized rehabilitation program in a newly remodeled, dedicated unit for individuals needing services on a short-term basis. The emphasis of our rehabilitation program is to restore mobility and help regain the highest level of function and independence.

A treatment plan is established upon admission based on the goals for discharge. The individualized plan includes nursing services and rehabilitation therapy. Length of stay is generally two to four weeks.

Our newly updated unit provides semi-private and private rooms and a dedicated therapy area. Individuals can relax in their own room equipped with a flat-screen television or visit with family members and friends in the café area or outdoor patio located on the unit.

Physical Therapy

Exercises target joint mobility, strength, endurance and balance as part of an individualized therapy program to improve function, mobility and safety. The physical therapist focuses treatment to reduce pain, prevent injury and provide education to maintain function.



Occupational Therapy

A range of activities helps individuals achieve a level of independence in the performance of daily household and personal care tasks. The occupational therapist works with each person to create solutions and utilize resources that will increase the ability to function.

Speech Therapy

When an individual's swallowing or speech is affected, our speech language pathologist helps the person learn strategies for safe swallowing and effective communication.

Specializing in rehabilitation services for:

post-operative recovery
joint replacement / fractures
hand injuries and surgeries
stroke / arthritis
amputations
generalized weakness and debilitation

1-800-641-7788 *or* 724-625-1571

www.lutheranseniorlife.org

St. John Specialty Care Center
is part of the Lutheran SeniorLife continuum
of care network that includes:

PASSAVANT RETIREMENT COMMUNITY, Zelienople

BEHOME PARTNERS Home Health Services,
a partnership with VNA, Western Pennsylvania

LIFE Beaver County
LIFE Butler County

CROWN POINTE, Butler and Greensburg

LINDWOOD CREST, Hempfield Township

Visit us on the web at
www.lutheranseniorlife.org

EQUAL HOUSING OPPORTUNITY

Lutheran SeniorLife
St. John Specialty Care Center

For information and
to make a referral:

1-800-641-7788 or
724-625-1571

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