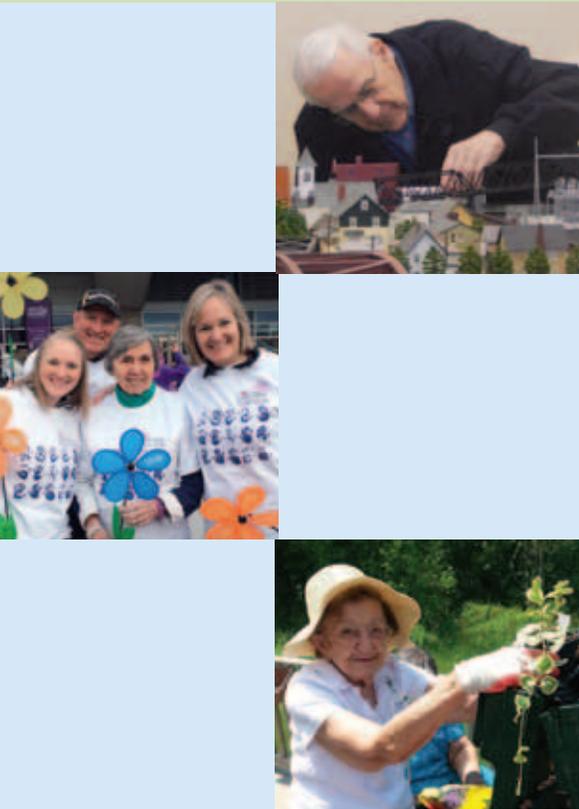




Lutheran
SeniorLife

LIVE AN ABUNDANT LIFE®



2015 REPORT

*Community Benefits
and Social Accountability*

Our Mission and Values

Lutheran SeniorLife serves seniors in western Pennsylvania by providing an *Abundant Life*® at our senior living communities and through our health and wellness programs including:

PASSAVANT COMMUNITY, Zelienople

ST. JOHN COMMUNITY, Mars

St. John Specialty Care Center

RoseCrest Assisted Living

Overbrook Pointe

LIFE PROGRAMS in Beaver, Butler,

Lawrence and Armstrong Counties

VNA, WESTERN PENNSYLVANIA, Butler

VALLEY CARE, Moon Township & Ambridge

THE COMMONS AT STONEBROOK VILLAGE,

McCandless Township

CROWN POINTE AT CLEARVIEW, Butler

LINDWOOD CREST, Greensburg

LUTHERAN SERVICE SOCIETY

Our Mission

On behalf of our moral owners*, Lutheran SeniorLife serves elders in our three-synod region, intending that the recipients of our services experience a more *Abundant Life*® regardless of their physical condition or financial circumstances.

Our Values

We accept and value each individual as a gift from God.

We honor our commitments and act with justice and love.

We strive to understand and satisfy the needs of those we serve.

We express God's love by providing a more *Abundant Life*® to those whom we serve and those who serve.

In addition to serving our residents and program participants in our own communities, we strive to be good neighbors to those in our surrounding communities by providing services and programs that they can enjoy as well.

This report outlines the many ways we are providing an *Abundant Life*® for not only our communities, but the surrounding communities we serve.

* The Southwestern Pennsylvania Synod, the Northwestern Pennsylvania Synod and the West Virginia-Western Maryland Synod

Message from the President and CEO

Key additions to the Lutheran SeniorLife family, completion of some significant system-wide projects and establishing a strategic direction to ensure continued success into the future have been a major part of the Lutheran SeniorLife story this year.

While these initiatives will allow Lutheran SeniorLife to meet the expectations of a generation of baby boomers who have reached retirement age, ministry and mission remain at the heart of all our programs and services.

We also realize that through these services and efforts to touch the lives of seniors, we become a valuable community asset in all the neighborhoods where these services are provided. This awareness is part of the reason we try to capture the impact of our services in this annual Community Benefits Report.

LIFE (Living Independence for the Elderly) is an example of a program which touches large segments of the counties we serve. The opening of LIFE Armstrong County in early 2015 in partnership with ACMH Hospital with its new location near the hospital campus in Kittanning, was not only a key strategic initiative, but also a direct response to pastors in that area who wanted a LIFE Program closer to their congregations. LIFE Programs, which offer day programming for medical assistance recipients eligible for skilled services, already existed in Beaver and Lawrence Counties through a partnership with Heritage Valley Health System, and in Butler County through a partnership with Butler Health System.

After welcoming Lutheran Service Society (LSS) in 2014, it became evident that the services provided would align closely with our mission to provide an **Abundant Life**® and enhance our services throughout 2015. LSS, a sister Social Ministry Organization operating in the region and best known for its operations of Meals on Wheels programs in Beaver County, also operates a group of HUD apartment buildings in western Pennsylvania. In addition, an imaginative program at the Beaver Valley Mall called “The Center at the Mall,” operated in conjunction with the Beaver County Agency on Aging, serves thousands of residents each month, offering exercise facilities, recreational activities for seniors, and related enrichment programs. In 2015, Lutheran SeniorLife opened an out-patient physical therapy department at this location.

The Abundant Life Center, the newest part of Passavant Community, offers skilled nursing services and amenities consistent with what modern-day seniors are seeking, including a pool, recreation areas and private rooms. The opening of “My Day Out” Adult Day Center and the construction of independent apartments on the campus began causing excitement as growth continues.

St. John Community in Mars continues to grow with increased residency in Overbrook Pointe independent living apartments and RoseCrest Assisted Living.

VNA, Western Pennsylvania and VNA Hospice continue to reach out into the communities visiting patients in their homes to meet their skilled needs and providing community programs through wellness and bereavement.

Lutheran SeniorLife offers a full-time chaplaincy program, and most of its spiritual program offerings are open to the community. It is also very common for the members of the ministry to provide services outside of Lutheran SeniorLife. Lutheran SeniorLife’s Health & Wellness Ministry extends well beyond the walls of its facilities, offering formal parish nurse training to congregations throughout western Pennsylvania, and it is open to all denominations.

Those of us privileged to serve at Lutheran SeniorLife accept that our mission to serve seniors extends beyond those who are directly served by our programs. Our mission extends into the communities we touch. Through this report, we want to take the opportunity to let everyone in the neighborhoods we serve know that Lutheran SeniorLife considers itself a valuable member of the community at large.



Community Friendships

Being part of our communities is very important for Lutheran SeniorLife. We value the relationships we have built and believe it is important for us to not only be in the community, but to also invite the community to share in what we have to offer, join our activities, or bring their activities to our sites. We have had the privilege throughout this past year to open our doors for a variety of reasons.



The **Fitness and Wellness Center** in the Abundant Life Center at Passavant Community is open to the community. Of all of the members that utilize and participate in what the fitness center has to offer, 50% of those who use the fitness center and 70% of those who use the pool are not residents of Passavant, but are a part of the outlying community.

The **Prime Time Senior Center** in Bellevue has hosted educational opportunities from local colleges. The Community College of Allegheny County staff were invited to be involved in health education classes and the University of Pittsburgh used this location as the site for a longitudinal study on the health and effects of education in the lives of senior adults.

The **Meals on Wheels program** in Beaver had several local, state, and federal elected officials delivering meals to program participants to witness the effects on homebound senior adults.

Leaders from the local YMCA and YWCA visited the **Westmoreland Senior Center** to lead participants in various exercise classes.

The **Center at the Mall** in Beaver County held its annual Black Tie Bingo in February which brings in approximately 300 people including

local personalities, elected officials, and other community leaders who call bingo and support and learn about the mission of the Center.

LIFE Beaver County held a blood drive for the employees and members of the community on December 14. The blood bank collected 22 units of blood.

Aliquippa High School special needs class attends the **LIFE Beaver County** day center monthly throughout the school year for an intergenerational program. The students participate in recreational activities with participants.

WIN Services of Beaver County Rehabilitation Center coordinates with the **LIFE Beaver County** recreation department to provide opportunities for their clients to practice job skills with LIFE participants. They also assist in engaging LIFE participants in the day center by assisting with facilitating small and large group activities with the support of a job coach.

LIFE Beaver County partners with Slippery Rock University by being a Recreational Therapy Internship site. LIFE Beaver County hosted three students this past year.

LIFE Butler County has an ongoing relationship with Slippery Rock University to provide their Music Therapy students with educational opportunities with LIFE Butler County participants. We typically host 4 students each year.

The LIFE Programs also regularly invite local legislators to tour the centers in an effort to serve as a resource to their staff when working with constituents on aging related issues.

Community Friendships

In addition to inviting the community to Lutheran SeniorLife locations, we also look forward to any opportunity where we can be involved in community activities or host our activities among our friends and neighbors.

VNA Hospice held their annual Community Celebration of Life and Butterfly Release in a new location this past fall at Alameda Park. This event is a memorial service for those who want to honor or memorialize a loved one with a symbolic release of a monarch butterfly.

Community members, residents, families and staff members of **St. John Community** gathered once again last fall for the annual Holiday Fashion Show at Treesdale Golf and Country Club in Adams Township. The event included a luncheon, gift basket raffle and silent auction to support the St. John activities department and Secret Santa program.

LIFE Beaver County sponsored the Manna Soup Kitchen meal on December 29th for over 100 people at House of Prayer Lutheran Church in Aliquippa. Leftovers were given to the Salvation Army to feed additional people in need.

LIFE Beaver County sponsored a tree in the Hosanna Industries Festival of Trees, and also was a wreath sponsor in the Beaver County Festival of Trees.

VNA held a Caregiver event in Butler and Armstrong County for local caregivers to learn more about the community services available to them. They also had the opportunity to ask questions to a panel from the community including elder attorneys, funeral home directors, hospice, social workers, area agency on aging and LIFE programs.

As part of VNA Hospice's We Honor Veteran's Program, **VNA** recognized veterans by delivering a personal thank you card and flag pin to all veterans in the personal care homes in their service area.

The LIFE Programs in general also offer their staff as a resource for Lutheran and other denominational churches in our four-county region, often meeting with health and wellness committees, Stephen Minister groups, and with the pastors to provide information on LIFE and other services for the older adults in their congregations.



Community Outreach

Lutheran SeniorLife places great importance on giving back to the local communities by becoming involved and active as well as providing assistance and services.

Lutheran SeniorLife supported the efforts of more than 50 congregations to provide blood pressure screenings, informational presentations and workshops, visitation ministries, health fairs, walking programs, and other wellness activities that touched thousands of people living and worshiping in the region.

Valley Care hosted Caregiver Resource Fair with 15 vendors and offered free memory screenings to the community in the spring and fall.

Meals on Wheels in Beaver County worked with several local businesses to provide weather emergency meals for senior adults.

The **Westmoreland County Senior Center** hosted a regional Car Show in September for the community.

Passavant has done local community service projects, such as “Walk in the Parks,” where they get a group together and walk around Zelienville Community Park. Everyone has trash bags and they pick up garbage in the park.

Passavant also has an event called, “Be My Valentine Cookie Drop-off.” During this event residents and community members are asked to bake cookies. They are then split up and delivered to Harmony EMS, the Zelienville Police Department and the VFD.

LIFE Butler County provided three LIFE buses and volunteer drivers to take residents of Sunnyview Nursing Home to see Shadrack’s Christmas lights.

LIFE Butler County provides cookies for community dinners quarterly which are held at First United Methodist Church, First English Lutheran Church, St. Paul’s Catholic Church, St. Mark’s Lutheran Church, and St. Andrew’s Presbyterian Church.

LIFE Butler County Staff volunteers service coordination services at Luther Court and Alameda Gardens, both senior housing buildings in Butler County.

At Christmas time **LIFE Armstrong County** participants sent 35 Christmas cards to soldiers actively serving overseas and to veterans in local VA hospitals.

On the Martin Luther King Jr. Day of Service **LIFE Armstrong County** participants shred newspapers for the local animal shelter.

Troopons- **LIFE Armstrong County** participants collect, cut, and sort coupons that are sent to Support Our Troops Project. These go to military families serving in the U.S. and abroad.

LIFE staff serve on the boards of many local, non-profit and community service organizations: Beaver County Community Action Network, Southwestern Pennsylvania Council on Aging, Villa Maria Residential Services, Lawrence County Rotary, Lawrence County Council of Community Services, RSVP of Beaver County, Leaders Serving Beaver County, Lawrence County Community Church Women, Butler County Mental Health Early Intervention Intellectual Disabilities, Butler County Housing Authority Family Self Sufficiency Advisory Board, and Butler County Twilight Wish Foundation.



Community Education

Lutheran SeniorLife prides itself on employing highly trained staff members who are experts in their fields. It is our obligation to share our knowledge with not only our customers and their families, but also to act as an educational resource for them, the community, and anyone else seeking information.

The **Moral Owners Committee** and **Health and Wellness Ministry** developed a resource directory of available services in southwestern Pennsylvania. It can be found at www.lutheranseniorlife.org under About Us > Health & Wellness Ministry. The directory offers contact information for a variety of resources in southwestern Pennsylvania, including aging and caregiver services, wellness information, county services, Lutheran organizations, and help for the homeless. The directory is regularly updated with new information and additional resource categories.

LIFE Beaver County staff provided educational information through presentations on depression and on ways to avoid falls to residents in Housing Buildings around the county throughout the year.

Valley Care offered education to both professionals and community members at their Moon township site on topics such as, "POA vs. Guardianship" and "An Educational Evening for Caregivers," featuring a representative from Julian Gray, Elder Law Attorneys.

The Commons at Stonebrook Village provided a presentation for Our Redeemer Lutheran Church in McMurray; approximately 15-20 parishioners attended.

The **Center at the Mall** regularly hosts Beaver County Senior Day where, in addition to 300+ senior adults attending, 30-50 local business and non-profits set up information and education booths.

Passavant offers special programs, which include our community members, such as lunch & learns, group exercise classes and lecture series which have included balance/fall prevention and arthritis.

LIFE Butler County staff provided an "Aging with Knowledge" presentation to Cranberry Senior Center and Mt. Chestnut Senior Center.

LIFE Butler County and VNA held health education fairs at Butler County Housing Authority senior living buildings in Butler County.

Staff from **LIFE Lawrence County** in the fields of nursing, dietary, OT, and social work offered educational programming to senior HUD housing building residents in our "Ask an Expert" series. Topics such as fall prevention, influenza, managing depression, and reading food labels were featured.

VNA Hospice held several bereavement support groups in various locations including topics covering: spousal loss, loss to overdose or suicide, and holiday bereavement programs.



Community Benefits and Social Accountability

FINANCIAL IMPACTS

Subsidized housing for seniors paying less than market rate

Independent Cottages and Apartments	\$ 444,000
Benevolent Care	811,000
Bad Debts.....	604,000
Unreimbursed program, costs for 3 rd party payers.....	4,934,000
Unreimbursed Medicare and Medicaid program costs	8,170,000

Local Business Benefits

Local Vendor Expenditures (excluding utilities)	\$ 12,306,000
---	---------------

Community Benefits

Operating of the clinic open to the community	\$ 99,600
Fitness Center for seniors.....	254,000
Chaplaincy Program.....	157,000
Beauty Shop Subsidy.....	149,600
Activities and education programs for seniors.....	140,000

Selected Financial Summary

COMBINED BALANCE SHEET

Assets

Current Assets	\$ 71,023,657
Assets Whose Use is Unlimited.....	\$ 5,567,491
Property, Plant and Equipment.....	\$ 136,536,841
Development and Real Estate	\$ 5,169,821
Beneficial Interest in Trusts	\$ 1,810,829
Total Assets.....	\$ 220,108,639

Liabilities & Net Assets

Current Liabilities	\$ 30,031,713
Long Term Debt	\$ 90,672,680
Deferred Revenues.....	\$ 5,500,762
Net Assets	\$ 93,903,484
Total Liabilities & Net Assets.....	\$ 220,108,639

FISCAL YEAR 2015 PROGRAM STATISTICS

Number of Persons Served

Passavant Community.....	419
St. John Specialty Care Center.....	219
Crown Pointe Senior Living Community, Butler	61
LIFE Programs	571
<i>(Armstrong, Beaver, Butler and Lawrence Counties)</i>	
Timon Property Development.....	29
Stonebrook Village	29
Mars Holdings/RoseCrest	30
Mars Holdings/Overbrook Pointe	29
Valley Care – Ambridge	39
Valley Care – Moon Township	37

VNA, Western Pennsylvania

visits/admissions	62,384
<i>(Home Health Admissions, Palliative Care Admissions, Home-Based Admissions, Inpatient Hospice Admissions, BeHome Partners Inc. & Complete Care private duty hours, TeleHealth Monitors, PERS, Medication Dispensers)</i>	

Lutheran Service Society

25,859
<i>(Adoption and Permanency Services, Affordable Housing, Crossroads Men's Homeless Shelter, Meals on Wheels Beaver County, Older Adult Protective Services, Senior Centers, Center at the Mall)</i>

BENEVOLENT CARE, SUBSIDIES AND ALLOWANCES.....\$ 17,461,248.83

Our Program and Services

Lutheran SeniorLife provides the opportunity for older adults to live an *Abundant Life*® at our senior living communities and through our health and wellness services by offering a variety of senior living and care options, each in a fulfilling environment where the physical, spiritual and emotional needs of each individual are met. These options include:

Residential Living. Often referred to as independent living, residential living allows seniors to live on their own, with the freedom to pursue life-long interests, maintain involvement in the community, improve their physical, social and spiritual health and engage in purposeful endeavors.

Lutheran SeniorLife offers Residential Living at Passavant Community, Overbrook Pointe, The Commons at Stonebrook Village, Crown Pointe, and Lindwood Crest.

Personal Care and Assisted Living. Personal Care is designed for those who need careful monitoring or desire assistance with their activities of daily living.



Personal care services are provided at both Passavant Community and St. John Community.

Residents in Assisted Living enjoy private rooms with their own kitchen and bath

facilities while receiving needed medical care, allowing them to age in place in a comfortable, home-like setting.

Assisted living services are provided at RoseCrest.

Skilled Nursing. Skilled nursing care is designed for those who require regular, careful monitoring and continuing assistance with daily living activities. It may be long-term or short-term and might include intravenous care, wound care, and physical, occupational or speech therapy.

Skilled nursing services are provided at both Passavant Community and St. John Community.

Rehabilitation Services. Lutheran SeniorLife provides rehabilitation to residents of the senior living



communities, to the public on an outpatient basis, as well as to homebound patients through home health care. Our physical, occupational and speech therapists are experts in addressing a range of conditions.

Rehabilitative services are available at Passavant Community and St. John Community, for participants in the LIFE programs and through VNA, Western Pennsylvania.

Adult Day Services. Attending adult day services allows seniors living at home to go to one of many Lutheran SeniorLife locations and spend the day socializing with friends and engaging in meaningful activities. In addition to socializing, meals, access to therapy and medical treatment, personal care, and medication management are provided.

My Day Out Adult Day Services located on at the Passavant Community, Valley Care in Moon Township and Ambridge, and all the LIFE Programs (Armstrong, Beaver, Butler, and Lawrence) provide this service.



Our Program and Services

In-Home and Hospice

Care. Lutheran SeniorLife provides home health and private duty services to patients in the place they call home. End-of-life care for terminally ill patients is also a service provided for patients in their homes or in an in-patient environment.



These services are provided by BeHome Partners, VNA, Western Pennsylvania, VNA Hospice and VNA Hospice Inpatient Unit.

Medical Equipment and Monitoring. For many patients, living safely and independently in their own homes is easier with the use of home technology, home medical equipment, and careful monitoring. Lutheran SeniorLife offers several products to keep residents/patients safe, alleviating caregivers worries.

These safety devices are provided by Silversmart™ and VNA, Western Pennsylvania.



Lutheran Service Society. Lutheran SeniorLife offers many other services through Lutheran Service Society empowering our neighbors to lead independent,

dignified, and secure lives. These include adoption and foster care, affordable housing, Meals on Wheels, older adult protective services, and senior centers.

Nursing Home Alternative. Lutheran SeniorLife, in partnership with local hospitals, provides a service to nursing home eligible residents dedicated to helping them live safely in their home. The LIFE (Living Independence for the Elderly) Programs are an innovative health plan that provides care and services in-home and at the LIFE locations, to older adults by managing their complex medical, functional and social needs. Participants have a full range of medical, social and rehabilitation services available to them.

LIFE programs are provided in Armstrong, Beaver, Butler, and Lawrence Counties.



Our Locations

PASSAVANT COMMUNITY

105 Burgess Drive
Zelienople, PA 16063
724-452-5400

Outpatient Rehabilitation
724-452-6080

ST. JOHN COMMUNITY

St. John Specialty Care Center
500 Wittenberg Way
P.O. Box 928
Mars, PA 16046
724-625-1571

Outpatient Rehabilitation
724-625-4849

RoseCrest Assisted Living

1000 Graham Way
P.O. Box 1285
Mars, PA 16046
724-625-1900

Overbrook Pointe

1500 Graham Way
Mars, PA 16046
724-687-3372

THE COMMONS AT STONEBROOK VILLAGE

811 Village Drive
Pittsburgh, PA 15237
412-630-2200

CROWN POINTE AT CLEARVIEW

Newhaven Lane
Butler, PA 16001
1-800-741-0623

LINDWOOD CREST

100 Freedom Way
Greensburg, PA 15601
1-800-741-0623

LUTHERAN SERVICE SOCIETY

440 Lincoln Avenue
Pittsburgh, PA 15202
412-734-9330

VNA, WESTERN PENNSYLVANIA

154 Hindman Road
Butler, PA 16001
724-282-6806

BEHOME PARTNERS™

317 South Main Street
Zelienople, PA 16063
724-631-0200

LIFE ARMSTRONG COUNTY

115 Nolte Drive Extension
Kittanning, PA 16201
724-545-8000

LIFE BEAVER COUNTY

131 Pleasant Drive, Suite 1
Aliquippa, PA 15001
724-378-5400

LIFE BUTLER COUNTY

231 West Diamond Street
Butler, PA 16001
724-287-5433

LIFE LAWRENCE COUNTY

2911 West State Street
New Castle, PA 16101
724-657-8800

VALLEY CARE, MOON TOWNSHIP

650 Cherrington Parkway
Moon Twp, PA 15108
724-302-2090

VALLEY CARE, AMBRIDGE

345 Maplewood Avenue
Ambridge, PA 15003
724-302-2090

